



**For Immediate Release**  
**April 5, 2009**

**WEALING AND COSPOLICH AWARDED FIRST PLACE IN THE COMPETITIVE 10K AT SNOWSHOE SHUFFLE, BENEFITING THE VAIL VALLEY'S SHAW REGIONAL CANCER CENTER**

**BEAVER CREEK, Colo.**—April 5, 2009— Seth Wealing and Helen Cospolich were awarded first place honors Sunday in the competitive 10K division at the Snowshoe Shuffle in Beaver Creek, Colo. The final event in the four-event Beaver Creek Snowshoe Adventure Series, the Snowshoe Shuffle was a benefit for the Shaw Regional Cancer Center. Held at Beaver Creek's McCoy Park, an elevation of nearly 10,000 ft., nearly 800 snowshoers put their stompin' snowshoes forward on behalf of cancer prevention, education and early detection.

In the Men's Competitive 10K division, Seth Wealing claimed the first place title, clocking in a winning time of 52:45, in front of second place finisher Beaver Creek's Mike Kloser at 54:11 and third place finisher Beaver Creek's Bernie Boettcher at 56:26.

Team Atlas' Helen Cospolich nabbed top honors in the Women's Competitive 10K with a winning time of 1:03:21, ahead of Atlas' Karen Melliar Smith at 1:06:38 and Sonja Wieck with a third place time of 1:07:21.

In the Men's East West 5K Quest, Beaver Creek's Jim Buckner claimed first place with a winning time of 31:17, as Trevor Theelke claimed second place at 33:08 and in a close third was Marle Rickman with a time of 33:21.

The Women's East West 5K Quest saw Beaver Creek's Melinda Brandt clock in a winning time of 33:11, as Beaver Creek's Heidi Vosbeck was honored with a second place finish at 34:55, followed by Sarah Giovagnoli with a third place finishing time of 35:15.

Unique to the Snowshoe Shuffle was the 5K Team Event in which participants vied for the Team Spirit Award by dressed in costumes and exuded spirit and enthusiasm for the charitable event. Two teams, Vail Valley Medical Center's Super Snowshoe Queens and Snowshoe Boobs tied for first place and both awarded Team Spirit Awards on behalf of the Shaw Regional Cancer Center. Other races included the 100-yard "Dash for Cash," the One-Mile Fun Run and the Kids' K trot.

The Beaver Creek Snowshoe Adventure Series is presented by the Beaver Creek Resort Company, SoBe Life Water, Volvo, Continental Airlines and Subway, and is brought to you in part by Atlas Snow-Shoe Company, Nature Valley Granola Bars, East West Resorts, Slifer Smith

& Frampton Real Estate, Loki, Vail Daily, Vail - Beaver Creek Magazine, KZYR The Zephyr and TV8 the Official TV Station of Vail and Beaver Creek Resorts.

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